



Stars

Do You Trust Your Friends?
Arts & Crafts
<http://www.arts-crafts.ca/stars>

RYAN HEISE
Deputy News Editor

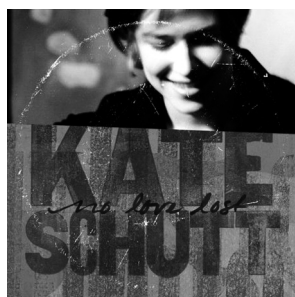
When Stars' new album showed up at the Gateway office, no one really knew what to think of it. The album art, consisting of a dozen other band names, drew only looks of confusion. After pondering over the contents of the disc for a while, I put it in the hands of our Editor-in-Chief

and left the office. Upon returning, he was gone, but the CD sat on my desk with a sticky attached that read: "Look closer. It's fucking awesome." How right he was.

Do You Trust Your Friends? straddles the line between being a remix album and a cover album. Consisting of all of the songs on Stars' 2004 release, *Set Yourself on Fire*, the music on the new disc has been completely taken apart and reassembled by Stars' peers. The Dears, Final Fantasy, Apostle of Hustle, and The Stills (among others) lend their musical talent to reimagine Stars' songs.

The result is an album worlds apart from *Set Yourself on Fire*. When listened to back-to-back, *Do You Trust Your Friends?* clearly has a stronger disconnection between the vocals and the music. There are moments when instruments seem to run off on rhythmic tangents while the original vocals provide the backing for them.

With such sonic diversity from beginning to end, *Do You Trust Your Friends?* stays captivating and engaging through its whole playback—a feat rarely accomplished, and proof that Stars keep some pretty trustworthy company.



Kate Schutt
No Love Lost
Wild Whip Records
www.kateschutt.com

LEAH TRUEBLOOD
Arts & Entertainment Writer

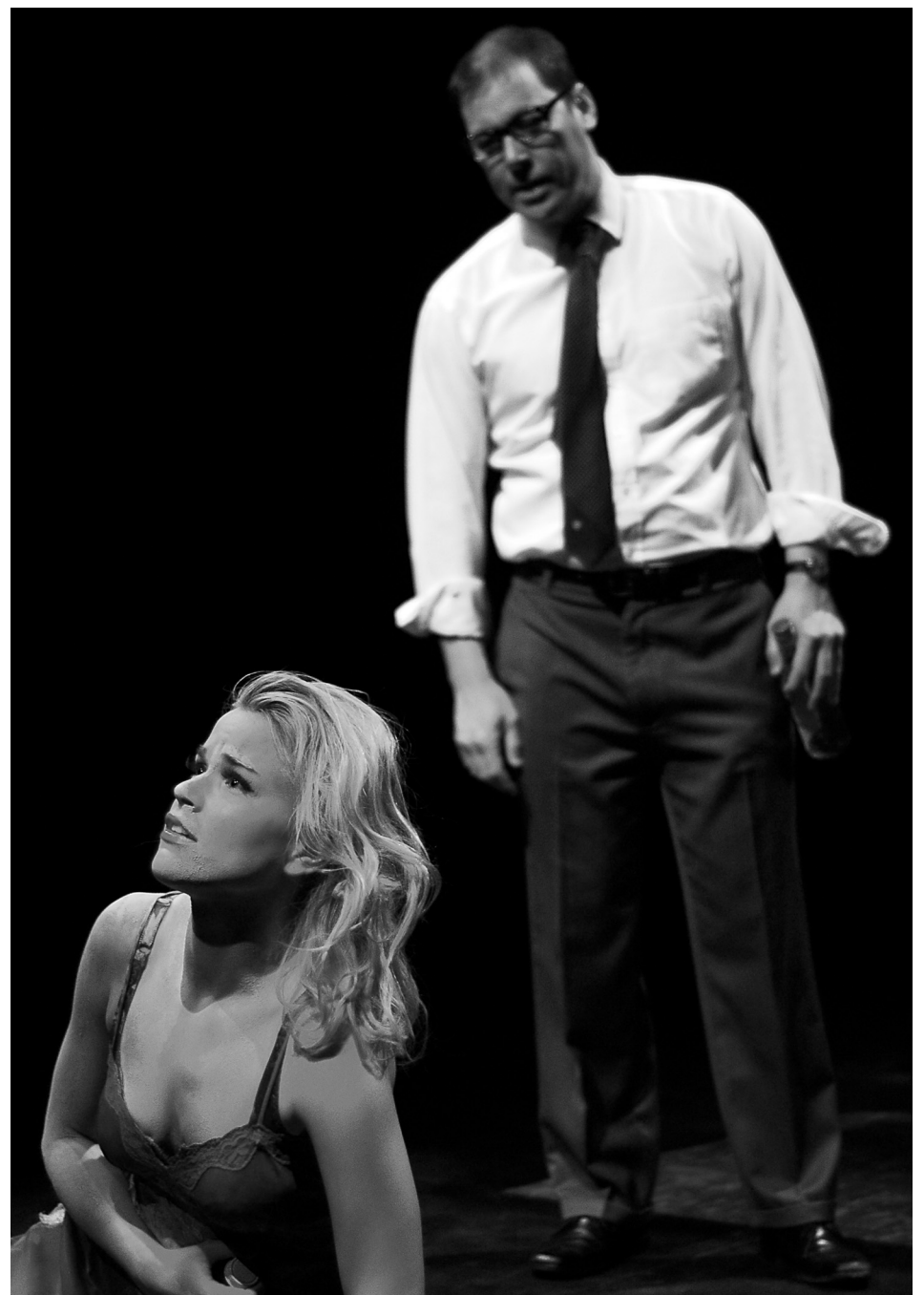
Kate Schutt's new album *No Love Lost* has many of the components of a very good CD, but doesn't

manage to make all of its pieces fit together.

Schutt takes some surprising aesthetic risks in her compositions, and some of these risks result in excellent music, such as the dramatic trumpet accompaniment in "The Young." In other tracks like "Moon Got Broken," Schutt uses a soulful, rhythmic, and enticing melody to draw the listener in and then tie them up in knots. She has a story-telling knack, and when she uses her gift to its full potential in "Glamorous Life," her New Age spin pleasantly spices up what could have been a predictable storyline.

Some songs, however, just don't seem to come together for Schutt. Poor choices, like the out-of-place harmonica solo in "Wrecking Ball," are all too common and could quickly distance listeners from some of her songs. Random saxophone riffs in the midst of lyrics do not a good song make.

Schutt's musical choices sometimes result in disaster, but enough of them pay off to make *No Love Lost* worth a casual listen.



STEFFI ROSSKOPF

WHERE IS THE LOVE? There's some major woe going down in Studio Theatre's *After the Fall*.



University Acupuncture, Massage and Herbal Therapy Center

Acupuncture

Acupuncture assists the body in the maintenance of health by stimulation of the body's natural defences resulting in resistance to disease. Stimulation of specific acu-points by the insertion of thin needles creates a physiological response in the brain activity, heart rate, blood pressure, hormonal levels and in the immune system. Our goal is to restore patient's health and to prevent the development of illness.

Massage

Our therapists use various massage techniques combined with suction cups and acupressure to improve circulation, reduce muscle pain, tension and enhance immunity.

Herbs

Herbal formulas are specifically designed for each patient. The herb granules we use are extracted from raw herbs and packed in capsules for fast absorption.

In our clinic we use these therapies to help with the following conditions:

- **Neurological & Musculoskeletal, endocrine:** headache, migraine, sport injuries, industrial injuries, car accident, shoulder, neck, back pain
- **Stroke, Hypertension, Chronic Fatigue Syndrome, whiplash, tennis elbow, sciatica, numbness,**
- **Mental & Emotional:** depression, insomnia, poor memory, stress, anxiety
- **Gastrointestinal Disorders:** IBS, constipation, diarrhea, acute & chronic gastritis, digestive problems, obesity
- **Female gynecological:** PMS, infertility, menopause, abnormal menstruation
- **Respiratory conditions:** common cold, cough, asthma

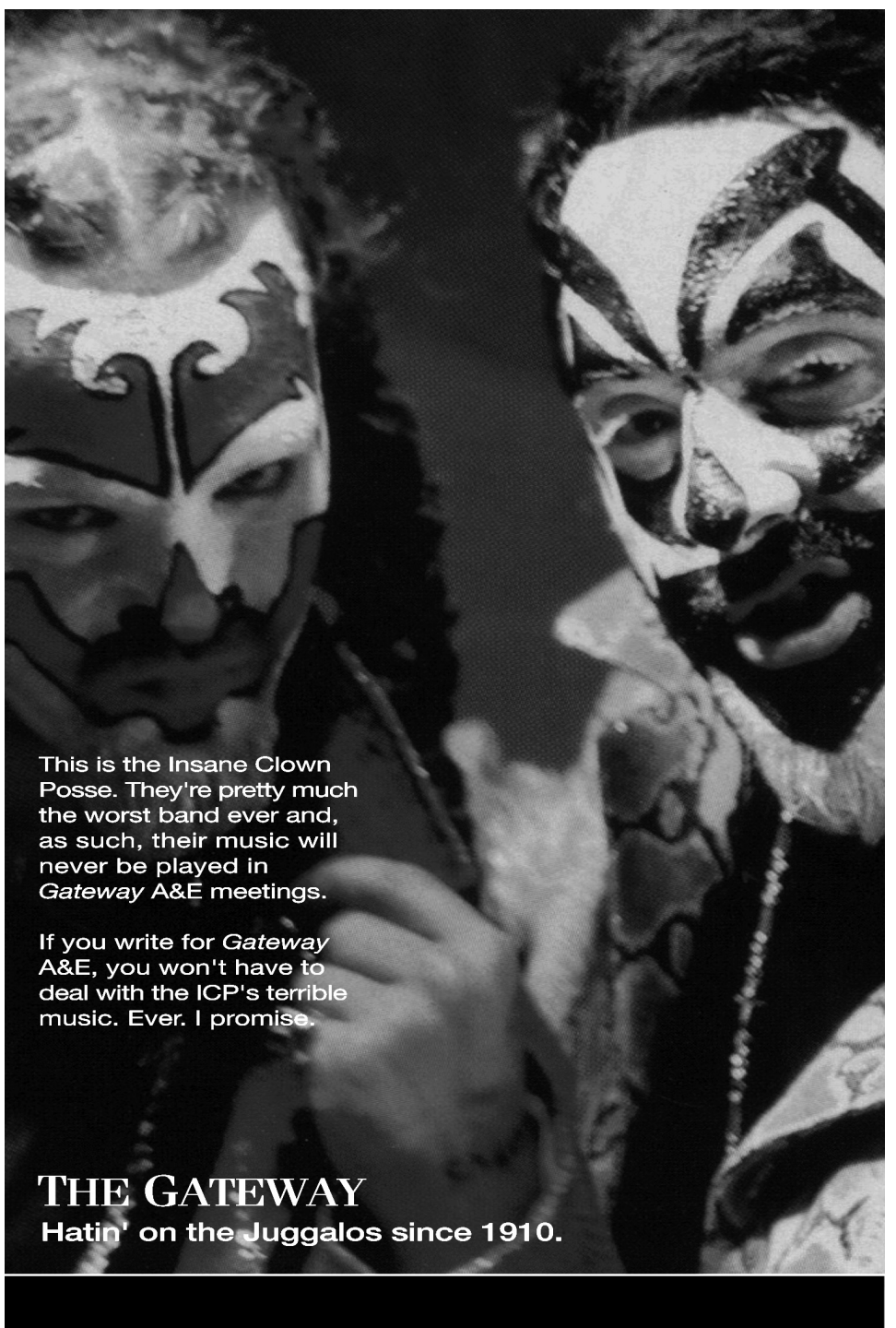
117 Street
87 Avenue

| | | |
|--------------|--------------------------|-------------------------|
| FREE PARKING | Montreal Bank | University Butterdome |
| | University Lister Centre | University LRT Terminal |

11710-87 Avenue
Windsor Park Building Mall, University Campus,
Edmonton AB T6G 0Y3 Canada
Fax: 988-8896
Email: stai1@telus.net

Work hours - 10 am - 6pm Monday to Sunday;
After hours - Welcome by appointment

Call 988-1889



This is the Insane Clown Posse. They're pretty much the worst band ever and, as such, their music will never be played in Gateway A&E meetings.

If you write for Gateway A&E, you won't have to deal with the ICP's terrible music. Ever. I promise.

THE GATEWAY
Hatin' on the Juggalos since 1910.